

Discovery Treks® LLC
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DISCOVERY TREKS® LLC
Journeys to Remember

What to Bring Checklist for Day Hike Tours

- Hiking shoes or boots (be sure to break in before trip)
 - Rain gear (lightweight nylon top as occasional thunderstorms are year round at the Grand Canyon and weather conditions can change quickly)
 - Wide-brimmed hat
 - Sunglasses
 - Sunscreen
 - Hiking shorts and t-shirt (warm weather hikes) - Consider convertible-type pants
 - Long pants, warm top, gloves, fleece or wool hat (cooler weather hikes)
(South rim is at 7,000 feet so winter hikes can be cold)
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- √ Discovery Treks daypacks may be reserved on a first-come, first-served basis to carry your personal items.
 - √ Trekking poles may also be reserved for use.
 - √ Discovery Treks provides water and lunch as part of this excursion.